

WHAT ANYONE CAN DO

The People Plan

STEP 3: Play

Leverage your dream team

Whenever you and a dream team member can participate in a goal-achieving activity together, do it! Don't forget that you're not in this alone, and most importantly, have fun! This shouldn't be an exercise in drudgery. Make achieving your goal a team sport every step of the way.



Pay it forward

Be part of someone else's dream team
There's nothing more satisfying than playing a part in another person's success. You'll find giving better than receiving in so many ways, and you'll create your own dream team culture of accountability.



Commit to continuous improvement

The more you focus on what it takes to achieve the goal (rather than on the goal itself), the more likely you'll be successful. Look at the UConn women's basketball program. That team focuses on getting better every day—that's why they win national championships. The more you improve, the more you'll be equipped to achieve more of your goals more often.



For more information on *What Anyone Can Do*, visit:

<https://bit.ly/2N3S5ii>